



SERVE TO CHANGE LIVES

Club Meeting

Long Beach
Meets at THE GRAND
4101 E Willow Street
Long Beach, CA 90815
Time: Wednesday at 12:00 PM

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This Week's Program



Wednesday, February 16
Join Us LIVE @ The Grand

Technological Advances and Heart Health
Dr. Subbarao Mylavaram

12:00 NOON - Lunch

Hybrid Meeting Offered - Dial In Details Will Be Sent - Dial In @ 12:15pm
12:30 - 1:30 p.m. - Program

SUBBARAO V. MYLA, MD, FACC, FSCAI, MMM, CPE
DR. JOEL H. MANCHESTER ENDOWED CHAIR IN INTERVENTIONAL CARDIOLOGY

Subbarao Myla, MD, is medical director of Cardiac and Endovascular Labs and Cardiovascular Research at the Jeffrey M. Carlton Heart & Vascular Institute. Dr. Myla leads Hoag's renowned program that initiates dozens of groundbreaking clinical trials investigating innovative medical devices and procedures focusing on stroke prevention. Dr. Myla's approach emphasizes education for patients, physicians and staff. He showcases leading-edge techniques through workshops, live demonstrations and preceptorship that serve as invaluable instructional tools.

He has been named a fellow of the American College of Cardiology (FACC), a fellow of the Society of Cardiovascular Angiography & Intervention (FSCAI), a member of the International Society of Endovascular Specialists (ISES) and president of the non-profit Foundation for Endovascular Education and Research (FEVER).

He received his medical degree from Guntur Medical College at Nagarjuna University in India and went on to do his residency training at the University of British Columbia in Vancouver, Canada followed by residency training at several renowned New York hospitals. Dr. Myla then completed a cardiology and interventional cardiology fellowship at the State University of New York, Down State Coney Island Hospital, and Maimonides Medical Center in Brooklyn.

President 105's Post #31

By Dennis C. Smith



We're BACK!

Our meeting this Wednesday will be in-person at The Grand, and on Zoom. It will be great to see everyone full-length and in 3-D instead of just head and shoulders on the flat screen.

Foundational to Rotary is the **4-Way Test**. As we move back to in-person meetings, it is important that every member, and their guests, adhere to the 4-Way Test prior to and during our meetings, in particular Ways #2 (Is it FAIR to all concerned?), and #4 (Will it be BENEFICIAL to all concerned?).

While the State of California is lifting mask mandates for most situations effective February 15th, the County of Los Angeles and City of Long Beach are retaining mask mandates for indoor gatherings, such as our Rotary meetings at The Grand. As such, please wear a mask when you enter The Grand until you leave unless you are at your table and eating.

While we will not be monitoring, but relying on the 4-Way Test, we ask that all attendees, members and guests, be vaccinated **or** have had a **negative** Covid-19 test result within 48 hours of the meeting.

Finally, we have a Waiver and Release to Attend RCLB Meeting form that most meeting attendees have signed, however when you check in, please double check to make sure we have your signed waiver on file.

Waivers and masks are such small matters compared with the big reward of being able to meet face-to-face and enjoy each other's company. Let's be good Rotarians, good citizens, and emulate for our community good practices as we continue to experience improving conditions as the pandemic recedes

We are Long Beach Rotary,

Dennis

Calling All Adventurous Rotarians!

By Mollie Beck



Join us March 30 through April 1 for **Camp Enterprise** Long Beach Rotary's Signature event!

We're looking for Rotarians who want to help shape the future of Long Beach area's Youth.

We host 60-70 high school juniors for three life changing days* at **YMCA Camp Oakes in Big Bear**, coaching them as they work in teams to develop and present a fictional business plan.

Please contact **Mollie Beck** belshorepl@earthlink.net to sign up or for more information.

* The life you change isn't limited to the student!



Upcoming Events - Click Title for More Info and for Meeting RSVP

February 15th
[RCLB Board Meeting](#)

February 16th
[Long Beach Weekly Club Meeting](#)
Speaker: Dr. Subbarao Mylavarapu
Subject: Technological Advances and Heart Health

February 23rd
[Long Beach Weekly Club Meeting](#)
Speaker: Police Chief Wally Hebeish
Subject: City of Long Beach

February 28th
[RAW - Rotarians Appreciate Wine](#)
Topic: Rotarians Appreciate Wine
Subject: Blind taste testing - bring a bottle
RSVP to Madrid - REQUIRED

March 2nd
[Long Beach Weekly Club Meeting](#)
Speaker: Kristen Tapia
Subject: Artificial Intelligence & Hospital Usage

March 9th
[Long Beach Weekly Club Meeting](#)
Speaker: Rotary Roots - individual member hosts

March 10th
[5 O'Clock Somewhere](#)

March 12th
[Centennial Park Monthly Clean-up](#)

Birthdays This Week - Click Name to Send a Greeting



[Anthony J. Gales](#)
February 17th



[Kenneth G. Cecil](#)
February 17th



[Karen M. Wyrick](#)
February 19th



[Karen K. Widerynski](#)
February 19th



[Cindy A. Allen](#)
February 20th

Club Leadership - Click Name to Send a Message



[Dennis C. Smith](#)
President



[Dana A. Buchanan](#)
Assistant to the President



[Dorian Bolick](#)
Vice President



[Robyn Gordon-Peterson](#)
Vice President



[Daniel Bruce Lipton](#)
Vice President



[Nelinia 'Nel' Varenas](#)
Vice President



[Anthony J. Gales](#)
Secretary
Treasurer



[Aaron Anthony Blackburn](#)
Sergeant at Arms



[Gregory J. Burnight](#)
Sergeant at Arms



[Brett Lewis](#)
Sergeant at Arms



[Gaia Valentino](#)
Sergeant at Arms



[Henry C. Fung](#)
Career Service Director



[Richard Gibson](#)
Club Service Director



[Tina Barry](#)
Community Service Director



[Steve M. Hockett](#)
Fellowship Service Director
President - designate



[Freda Hinsche Otto](#)
International Service Director



[Lisa Hain](#)
Membership Service Director



[Christopher Yco](#)
Youth Service Director



[Matthew L. Kinley](#)
iPast President



[Alfredo Velasco](#)
President -elect



[Michele A. Dobson](#)
President -nominee



[Madrid Zimmerman](#)
Club Executive Director
Club Executive Secretary



[Judy Ross](#)
Rotary Foundation Chair



[Wayne C. Slavitt](#)
Rotary Foundation Chair

Rotary Club of Long Beach
meets every Wednesday

LB Skyline Photo Credit
Long Beach Convention & Visitors Bureau

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[Rotary International](#)

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